"Senior Connections"



Chippewa Falls Area Senior Center 1000 East Grand Avenue Chippewa Falls, WI 54729 715 -720-1666 Fax: 715-720-1667 Email: cfaseniorcenter25@yahoo.com

Mission

The Chippewa Falls Area Senior Center provides a central location where Senior Citizens can enhance their independence through services and programs that promote physical, mental and social well-being.

Chippewa Falls Area Senior Center Office

1000 E. Grand Avenue Chippewa Falls, WI 54729

Phone: (715) 720-1666 Fax: (715) 720-1667

Email cfaseniorcenter 25@yahoo.com Website chippewafallsseniorcenter.com Hours Mon-Thurs. 9:00 AM-4:00 PM Friday Summer Hours: 9:00-NOON

Staff

Angie Walker, Director Diane Josifek, Admin. Assistant

2024 MEMBERSHIP

Our membership begins January 1st thru December 31st. We never turn anyone away and welcome you at any time. Membership is not pro-rated should you join later in the year.

We look forward to you joining.

New Information for 2024

Membership: \$50.00 per person.

Age Requirements: 50+.

Fitness center: an additional fee of \$10.00 per month for unlimited access during normal business hours of the Senior Center. Should you wish to donate more to the Senior Center, we greatly appreciate your generosity.

Remember

All donations are tax deductible. To obtain a membership, applications are available at the Chippewa Falls Senior Center.
Feel free to contact us for more information (715) 720-1666

Board of Directors

President: John Turbyne
1st Vice President: Rich Webber
2nd Vice President: Bob Berg
Treasurer: Shirley Rosenow
Secretary: Dee Dee Reese
Attorney Alexie C. Raihle
Debbra Judnic

City Representative: C.W. King

From the Director, Angie Walker

Whether you're tall,
Or whether you're small,
Everyone can appreciate the season of fall.
The leaves change their lovely hues,
As trees begin the season's snooze.
The squirrels scurry to collect their seeds,
To store them up for winter feeds.
The mums burst with blooms so bright,
To paint the hillside, a dazzling sight!
We make pumpkin pie and the aroma it brings, the beauty that surrounds us and the love fall brings.

JOIN US FOR THE CHAT WITH ANGIE

THURSDAY, OCTOBER 17, 2024
Chat with Angie
TIME: 10:30

THURSDAY, NOVEMBER 21, 2024 Chat with Angie Going back to 10:00 A.M.

FRIDAY, DECEMBER 20, 2024
Chat with Angie
Going back to 10:00 A.M.

"Chats with Angie"

We encourage you to bring all your ideas. We will continue to discuss the new building updates, bus trips, your wants and needs, activities and many more fundraisers for 2025.

ALSO....

During the September "Chat" the start time of the meeting was brought up. After a raise of hands, the majority decided to go back to starting at 10:00 a.m. November 21st.

Thank you for sharing your thoughts

CALENDAR OF ACTIVITIES

OCTOBER 2024				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bag Sale Oct. 8th 9-3 Bag Sale Oct. 9th 9-2 \$3.00 per bag	1 9:00 Sr Aerobics 12:00 Lunch 12:30 Pinochle—Library 1:00 Cribbage 1-3:00 Jokers & Marbles 1:00—2:00 Computer Class Dr. Stacy Martin	2 10:00 Bible Fellowship 12:00 Lunch 1:00 Penny Bingo	3 8:15 Strong Bodies 9:30 Yoga 9:00 Stretchercize 12:00 Lunch 1:00 Sheepshead 1:00 Wood Carving	4 12:00 Lunch 1:00 500 Club
7 8:15 Strong Bodies 9:30 Yoga 12:00 Lunch 1:00 Penny Bingo 1:00 Mahjong Cribbage Tourney TODAY! Sign Up Wii Bowling	8 BAG SALE 9-3 9:00 Sr Aerobics 9:30 Cardio Drumming 12:00 Lunch 12:30 Pinochle—Library 1:00 Cribbage 1:30-3:00 Line Dancing 1-3:00 Jokers & Marbles 1:00—2:00 Computer Class Dr. Stacy Martin	9 BAG SALE 9-2 10:00 Bible Fellowship 12:00 Lunch Birthday 1:00 Penny Bingo Hey Bingo Players SPECIAL BINGO CALLED BY: Sherry Cambridge Senior Living Fabulous Prizes FUN—FUN—FUN	10 8:15 Strong Bodies 9:30 Yoga 9:00 Stretchercize 9:00 Piecemakers 12:00 Lunch 1:00 Sheepshead 1:00 Wood Carving 1:00-3:00 PAINT CLASS	11 12:00 Lunch 1:00 500 Club 1:00-3:00 PAINT CLASS
14 8:15 Strong Bodies 9:30 Yoga 12:00 Lunch 1:00 Cribbage 1:00 Penny Bingo 1:00 Mahjong	9:00 Sr Aerobics 12:00 Lunch 12:30 Pinochle—Library 1:00 Cribbage 1-3:00 Jokers & Marbles 1:00—2:00 Computer Class Dr. Stacy Martin	16 10:00 Bible Fellowship 12:00 Lunch 1:00 Penny Bingo	17 8:15 Strong Bodies 9:30 Yoga 9:00 Stretchercize 12:00 Lunch 1:00 Sheepshead 1:00 Wood Carving 1:00—3:00 Paint Class 10:30 Chat with Angie	18 12:00 Lunch 1:00 500 Club 1:00-3:00 LAST Paint Class
21 8:15 Strong Bodies 9:30 Yoga 12:00 Lunch 1:00 Cribbage 1:00 Penny Bingo 1:00 Mahjong Wii Bowling	22 Special Talk with Miriam 10:00 More Inside 9:00 Sr Aerobics 9:30 Cardio Drumming 12:00 Lunch 12:30 Pinochle –Dining Rm 1:30-3:00 Line Dancing 1-3:00 Jokers & Marbles 1:00 Cribbage—Dining Rm 1:00—2:00 Computer Class Dr. Stacy Martin 9:00-2:30 Footcare	23 10:00 Bible Fellowship 12:00 Lunch 1:00 Penny Bingo FUNDRAISER 16 Ounce Container CHICKEN DUMPLING SOUP, 1/2 SANDWICH, DESSERT and BEV. \$8.00 Eat In or Come in for Take N' Go 2:00-5:30	24 8:15 Strong Bodies 9:30 Yoga 9:00 Stretchercize 9:00 Piecemakers 12:00 Lunch 1:00 Sheepshead 1:00 Wood Carving 1-3:30 Card Class 10:30 Fraud Presentation More Info. Inside	25 12:00 Lunch 1:00 500 Club
28 8:15 Strong Bodies 9:30 Yoga 12:00 Lunch 1:00 Cribbage 1:00 Penny Bingo 1:00 Mahjong	9:00 Sr Aerobics 12:00 Lunch 12:30 Pinochle-Library 1-3:00 Jokers & Marbles 1:00 Cribbage 1:00—2:00 Computer Class Dr. Stacy Martin	30 10:00 Bible Fellowship 12:00 Lunch 1:00 Penny Bingo Halloween Party See Inside for more info.	31 8:15 Strong Bodies 9:30 Yoga 9:00 Stretchercize 12:00 Lunch 1:00 Sheepshead 1:00 Wood Carving	NOVEMBER 1 12:00 Lunch 1:00 500 Club

BIBLE STUDY INFORMATION

This amazing group of people welcome ALL who wish to have an open, calming, heart-felt discussion on "Book of Acts"





Where: Chippewa Falls Senior Center 1000 East Grand Avenue

Room: 1st Floor - Activity (Bingo) Room

Every Wednesday, 10:00 \$1.00 for members \$2.00 for Non-members

EXPLANATION OF RELOCATING ACTIVITES

We realize repositioning activities isn't always met with understanding. We apologize for the inconvenience it is causing for individuals participating in the below activities. Please understand, we are not doing this to irritate anyone.

Dr. Stacy Martin is conducting a class in the Bingo/Activities Room "Computers for Beginners"

The class runs from September 10th through December 1st 2024

It is held every Tuesday from 1:00—2:30 in the Bingo/Activity Room once a week. Pinochle moves for the duration into the Library with the exception of when Foot Care is in the Library every 4th Tuesday, Pinochle and Cribbage will be relocated to the dining room once a month. At the completion of the computer class Dec. 1, 2024, Pinocle will move back to the Bingo/Activity Room at the normal time.

On the 4th Tuesday of each month, we have Foot Care located in the Library from 8:30 to 4:00/4:30 p.m. This particular service is very Private, and must follow all HIPPA Regulations. A request was made that NO ONE enters this room when clients are being attended to.

When clients are not in the room you can take care of whatever business you have.

Please respect the privacy of the clients as well as the

Client and HIPPA Regulations. We all know they must be strictly abided by.

The activities affected are Schmier and Cribbage on this day. Schmier relocates to the Bingo Room in the morning, and Cribbage relocates to the dining room in the afternoon. This is once a month.

It is during these days and times the above activities will be moved to the dining room. We understand it is not the most convenient for the participants. It is important that we have patience and common courtesy toward one another. Let's be thankful for all the activities we have.

Happy OCTOBER Birthday



SPECIAL BIRTHDAY WISHES TO
OUR OCTOBER BIRTHDAY MEMBERS!

Kathy Beyreis, Kim Bowe, Annette Chartrand, Steven Davis, Rita Duss, Lois Koziol, Betty O'Mara, Ruth Olson, Pat Peloquin, Jean Rothbauer, Evelyn Schemenauer, Donna Schneider, and Dale Tickler



Have a wonderful day!





HOMEMADE....OH SO GOOD!!!

1602 CHICKEN DUMPLING SOUP

1/2 SANDWICH, 2PKGS CRACKERS
DESSERT & WATER
COST: \$8.00 pp

SEATING & SERVING INSIDE: TIME: 2:00—5:30

COME INSIDE TO PICK UP YOUR TAKE N' GO TIME: 2:00—5:30

RESERVE 4 PLUS MEALS, FOR TAKE N' GO ONLY! CALL 715.720.1666



The month of OCTOBER

HALLOWEEN PARTY
WEDNESDAY, OCT. 30

During Bingo
HAVE SOME FUN
AND DRESS IT UP

OCTOBER-2024

Wii Bowlers ROCK and ROLL!

WEEKS OF

MONDAY OCT. 7
MONDAY OCT. 21





OCTOBER 7, 2024
Price Per Person \$10.00
Start Time: 1:00 Sharp!
Some space available
Call to reserve your spot
715.720.1666
We fill up fast.....Thank You

CRIBBAGE TOURNAMENT

PAINT CLASS Times: 1:00-3:00

Per your request....October Paint Classes

3—tier beautiful colored pumpkin to display for October and November. They are beautiful! STANDING, WALL MOUNT We Will Finish on Friday the 18th

Dates below to complete and enjoy for the beautiful Fall season
Thursday, October 10 & Friday, October 11th 1-3
Thursday, October 17th & Friday October 18th 1-3

Please Sign Up Call: 715.720.1666



CARD CLASS

Sign up for this activity and look forward to having a wonderful time.
All cards are made from scratch.

Date: Thursday October 24, 2024 Time: 1:00 - 3:00

Cost: \$7.00 plus \$1.00 members \$8.00 Non-members plus \$2.00 Sign Up Required

715.720.1666

NEWSLETTER INFO.

Please remember to give Diane your email so you can receive the newsletter when available

You will also find it on Facebook and the Senior Center Website chippewafallsseniorcenter.com

Should you want the newsletter mailed on a monthly basis, there is a charge of \$1.00 per month
We continue to look into Bulk mailing options...

Thank You!

ELECTION DAY BAKE SALE

We would appreciate the help of our members to bake goodies of any kind. (No store bought goods please)
We have received much feedback that people really look forward to this sale!

Please bring your goods to Angie's office on Monday, November 4th From 8:00 a.m. to 4:00 p.m. OR Tuesday, November 5th by 10:00 a.m. We will price the goods for you. THANK YOU!



OCTOBER FOOTCARE

Date: October 22, 2024

Toenail Trimming/Debridement Callus and Corn Reduction

To set up your appointment call 715.720.1666

First appointment 9:00 — Last: 2:30 30 minute intervals Cost: \$35.00 Chippewa Falls Senior Center 1000 East Grand Ave. Chippewa Falls

> The Foot Nurse LLC Jeanne Jones, RN, WCC, CFCS

FOR SALE

Don't Forget...Water and Pop Sold Here—Diane's Office Cost: \$1.00 each

Coke, & Diet Coke, Pepsi, & Diet Pepsi, Mountain Dew, & Diet Mountain Dew, Regular & Diet Dr. Pepper

PLUS Cold Bottled Water.



FRAUD PRESENTATION

October 24, 2024 Time: 10:30 a.m.

FRAUD SPECIALISTS
from Royal Credit Union
will be discussing common
fraud trends and ways to
protect yourself from
FRAUD.

Please come with any questions you may have for a Question and answer session.

OCTOBER 24, 2024 10:30 a.m.

OCTOBER 2024 MENU

ON BEHALF OF THE SENIOR CENTER WE EXTEND OUR APOLOGIES FOR NOT INCLUDING THE OCTOBER MENU.

WHEN THE NEWSLETTER WENT TO PRINT, WE HAD NOT RECEIVED THE OCTOBER MENU FROM THE ADRC. WE UNDERSTAND CIRCUMSTANCES HAPPEN.

THANK YOU FOR YOUR UNDERSTANDING.

Angie Walker, Director Chippewa Falls Senior Center Chippewa Falls, WI 54729



OCTOBER BAG SALE

Everything you can fit in the bag we provide is \$3.00

OCTOBER 8th — TIME: 9-3 OCTOBER 9th — TIME: 9-2

Everyone is welcome! Times listed above are for all bag sales

You can also find us on our new Website and on the Chippewa Falls Senior Center FB page











Our Very Own "MIRIAM GODFREY"

On Tuesday, October 22 at 10:00 a.m., we will gather to hear a message from Miriam Godfrey, a vibrant 93 year old member of our Chippewa Falls Area Senior Center.

She didn't ride a camel. But she was treated to a trip down the Nile.

This was part of the intercessional prayer ministry that Miriam Godfrey led through the Women's Aglow International group of Washington, D.C., an interdenominational organization that grew because of the Holy Spirit, she says.

Cairo, Egypt was the first country Ms. Godfrey and Miriam Hellman visited, having been asked to go by the organization's CEO.

"Here the people were receptive and prayerful themselves," Godfrey says. Even her cab driver was interested in talking to the Lord and asked her to pray for him. She led a prayer, and he repeated it. She also preached in church, her message in accordance with what the pastor was saying about a problem the people were having. She was there for one month.

Besides Egypt, over a span of 20 years Godfrey taught those hungry for the word of God to countries such as Russia, Montreal, Canada, Israel, and in the U.S., D.C., Montana, Florida, and even Hawaii.

"God surprises you about your destiny," she says. "You think you're going to be a mom and grandmom and make good apple pies. And guess what? The Lord has other plans." She says she always believed in Jesus. "But when I made Jesus the Lord of my life, it was the beginning of this amazing life," (at the age of 51). Godfrey says she had a "very good job" in Stevens Point before her ministry, overseeing the Retired Senior Volunteers Program. Here people "came alive" and learned they were considered valuable-their abilities mattered-even though they were retired.

Please join us for this exceptional gathering of such an amazing lady!

Coffee and Dessert will be served.

UPCOMING
EVENTS & FUNDRAISERS
AT THE SENIOR CENTER
1000 EAST GRAND AVENUE
PLEASE MARK YOUR CALENDAR!

OCTOBER BAG SALE \$3.00 / BAG

TUESDAY OCTOBER 8TH TIME: 9-3 WEDNESDAY OCTOBER 9TH TIME: 9-2

THURSDAY, OCTOBER 23, 2024

CHICKEN DUMPLING SOUP, 1/2 SAND-WICH, CRACKERS, DESSERT & WATER

TIME: 2:00 - 5:30 COST: \$8:00 PICK UP INSIDE OR EAT IN ONLY

715.720.1666 FOR SPECIAL ORDERS

THURSDAY, OCTOBER 24, 2024 FRAUD PRESENTATION

TIME: 10:30 a.m. COST: FREE
Presentation Given By:
FRAUD SPECIALISTS
from Royal Credit Union
SIGN UP REQUIRED
CALL: 715.720.1666

TUESDAY, NOVEMBER 5, 2024

ELECTION DAY BAKE SALE

7:00 a.m. until SOLD OUT
BAKERS NEEDED
ALL HOME BAKED GOODS
APPRECIATED
NO STORE BOUGHT ITEMS

Please bring to Angie's office on MONDAY, NOVEMBER 4th from 8:00 a.m. — 4:00 p.m. OR

Tuesday, November 5th by 10:00 a.m. THANK YOU SO MUCH!

NOVEMBER BAG SALE \$3.00 / BAG

TUESDAY NOVEMBER 12TH
TIME: 9-3
WEDNESDAY NOVEMBER 13TH

TIME: 9-2

ANNUAL CHRISTMAS BOUTIQUE

WEDNESDAY, NOVEMBER 21st & 22nd TIME: 9-4

Special Thanks to
Connie Lange and
Bill Hunter for all their
time, effort and
dedication in making the
Craft, Food and Flea
Market a SUCCESS!
To ALL Volunteers:
We appreciated you!

IF YOU ARE LOOKING FOR "PURE MAPLE SYRUP"

CONTACT: Barb and Steve Gale 715.226.1082

Price: \$7.00—Pint \$14.00—Quart

ELECTION-BAKE SALE

Bakers needed please bring goods to Angie's office Monday Nov, 4th and Tuesday, Nov. 5th until 10:00. No need to price your items. Thanks so much! We appreciate your hard

ACTIVITIES LET'S HAVE SOME FUN!

JOKERS & MARBLES



Every Tuesday 1:00-3:00 Cost: \$1.00 members \$2.00 (non-members) We are happy to announce Pinochle is a new activity being played every Tuesday at 12:30.

Please come and join a great group of individuals who brought the game back to the Senior Center.



Cost: Members \$1.00 Non-Members \$2.00

SENIOR FITNESS CENTER

Cost: \$10.00 per month OR \$35.00 per month (non-members)

TV's are available for you to enjoy music, movies or your special program. Remotes are provided



WHAT IS AVAILABLE?

Cardio Machines

Treadmills, recumbent bikes, ellipticals and steppers!

Weight Training Equipment

A variety of machines to work your arms, legs, shoulders, core, and much more!

The Center also has free weights available!

"I DON'T KNOW HOW TO USE IT"

That's okay! All of our machines have easy to read directions and pictures explaining how to use them safely. We can assist you with any questions!

Wood Carvers

We are truly delighted to have this group of extremely talented people.

EVERY Thursday afternoon at 1:00 p.m.

If you are interested in learning, YOU are more than welcome to stop in!





SHEEPSHEAD

Thursdays Time: 1:00 -3:45

Cost:\$1.00 \$2.00 (non-members)

CARD PARTY

Friday Afternoons Time: 1:00—3:45

Cost: \$1.00 \$2.00 (non-members)



AEROBICS

Join a group of people exercising to many senior tapes.

Everyone is welcome!

After class, sit and enjoy a coffee/beverage Tuesday Mornings TIME: 9:00 COST: \$1.00 (m) \$2.00 non-members

BIBLE FELLOWSHIP WEDNESDAY MORNING

Bible Fellowship invites anyone who is interested to join us. We are currently studying "The Book of Acts"

TIME: 10:00 COST: \$1.00 (m) \$2.00 non-members

STRETCHERCIZE

This is a slow pace low impact class for everyone.

Come and start your day off with this group of people while enjoying the routine. Instructor: Louise Bentely

Thursday Mornings TIME: 9:00

COST: \$1.00(m) \$2.00 non-members

JOKERS & MARBLES

If you have played Sorry, Aggravation or Parcheesi, this is an exciting upgrade using cards instead of dice. If you have never played the game, we will teach you. It's a lot of fun.

Every Tuesday 1:00-3:00

COST: \$1.00 (m) \$2:00 non-members

YOGA

Every Monday and Thursday Morning Instructor: Melanie Berg If interested you can bring your own mat or mats are available

TIME: 9:30 COST: \$1.00 (m) \$2.00 non-members

LINE DANCING FOR BEGINNERS

Have a great time, fun, and laughter, while learning Line Dancing. ANYONE can do it! Give it a try. Every 2nd and 4th Tuesday from 1:30-3:00 (Cost: \$1:00 (m) \$2.00 non-members SIGN UP IS REQUIRED MUST HAVE 6 PEOPLE!

CARDIO DRUMMING

Cardio Drumming Every 2nd & 4th Week
Tuesday morning 9:30—10:30
Cost: \$1.00 (m) \$2.00 non-members
SIGN UP IS REQUIRED MUST HAVE 6 PEOPLE!

MAHJONG

Every Monday Everyone is Welcome!

If you are interested in learning the game, please stop in. The ladies are happy to explain and help you learn.

TIME: 1:00—3:00 COST: \$1.00 (m) \$2.00 non-members

STRONG BODIES

This is a community-based strength training program aimed at mid-life and older adults that includes progressive resistance training, balance training, and flexibility exercises

Monday & Thursday Mornings

Time: 8:15 COST: \$1.00 (m) \$2.00 non-members

QUILTERS/PIECEMAKERS

Be a part of a group that loves the art of quilting.
Enjoy being with people sharing each other's
ideas, tips and heartfelt passions.
Meet the 2nd & 4th Thursday of the month
TIME: 9:00 Please talk with Donna Turbyne

ADULT WII BOWLING

"Bring It On" and "MAKE SOME NOISE"
Looking for males and females who'd like to bowl
with NO STRESS and who like having FUN
The 2nd and 4th week of the month.
Sign up is required. Call Diane: 715-720-1666
COST: \$6.00 plus \$1.00 (m) \$2.00 non-members

PAINT CLASS Join the FUN

Even if you have never painted before, come and join a nice group of ladies/men while enjoying your masterpiece. It's worth your time. GIVE IT A TRY!

Sign up required.

Cost for classes varies for each project Class Cost plus \$1.00 (m) \$2.00 non-members

CARD CLASS

Look forward to having a wonderful time. All cards are made from scratch. You make the decision what type of card by what you stamp on the outside and inside.

Cost: \$7.00 for the Class plus \$1.00 (m)

\$8.00 plus \$2.00 non-members

See Calendar for date and time.



VOTIHNG BY ABSENTEE BALLOT City of Chippewa Falls November 5 2024



Any qualified elector who is unable or unwilling to appear at the polling place on Election Day may submit a request to vote an absentee ballot to their municipal clerk. A qualified elector is any U.S. citizen who:

- will be 18 years of age or older on Election Day.
- has resided in the ward or municipality where they wish to vote for at least 28 consecutive days before the election.

The elector must also be registered to vote to receive an absentee ballot. Proof of identification must be provided before an absentee ballot may be issued.*

Making application to receive an absentee ballot by mail

You may make written application to your municipal clerk for an absentee ballot in person, by mail, by fax, by email or at MyVote.wi.gov. You may also contact your municipal clerk and request that an application for an absentee ballot be sent to you for the primary or election or both.

Your written request must include:

- 1. your voting address within the municipality where you wish to vote;
- the address where the absentee ballot should be sent, if different from the address above;
- 3. your signature; and
- 4. a copy of your photo identification.*

The deadline for making application to receive an absentee ballot by mail is: Thursday, October 31, 2024 at 5:00 pm**

- *Voters who are indefinitely confined due to age, illness, infirmity, or disability may not be required to provide photo ID. If this applies to you, contact the municipal clerk regarding deadlines for requesting and submitting an absentee ballot.
- **Special absentee voting application provisions apply to electors who are indefinitely confined, in the military, hospitalized, or serving as a sequestered juror. If this applies to you, contact the municipal clerk regarding deadlines for requesting and submitting an absentee ballot.

Voting an absentee ballot in person

You may also request and vote an absentee ballot in the clerk's office or other specified location during the days and hours specified for casting an absentee ballot in person.

Bridget Givens, City Clerk
City Hall – Basement Auditorium
30 W Central Street
Chippewa Falls, WI 54729
715-726-2719
Monday – Thursday
8:30 am – 4:30 pm
Friday
8:30 am - Noon

The first day to vote an absentee ballot in the clerk's office is: Tuesday, October 22, 2024

The last day to vote an absentee ballot in the clerk's office is: Friday, November 1, 2024 at Noon (different statutory provisions apply to voter registration)

No in-person absentee voting may occur on the day before the election. The municipal clerk will deliver voted ballots returned on or before Election Day to the proper polling place before the polls close on Tuesday, November 5, 2024. Any ballots received after the polls close will not be counted.